

2008 Southwest Ohio YMCA Long Course Champs, Sanction #: CAQ-07-08-1137

July 11-13, 2008

Time Standards Report

Event	AA LCM	NAT LCM	AA Y	Nat Y
Event 327 Girls 8&U 50 Free	3:00.00		3:00.00	
Event 243 Girls 8&U 100 Free	1:44.99		1:36.99	
Event 239 Girls 8&U 50 Back	3:00.00		3:00.00	
Event 331 Girls 8&U 50 Breast	3:00.00		3:00.00	
Event 335 Girls 8&U 50 Fly	3:00.00		3:00.00	
Event 249 Girls 8&U 200 Free Relay	5:00.00		6:00.00	
Event 339 Girls 8&U 200 Medley Relay	5:00.00		6:00.00	
Event 245 Girls 9-10 50 Free	3:00.00		3:00.00	
Event 237 Girls 9-10 100 Free	5:00.00		5:00.00	
Event 329 Girls 9-10 200 Free	3:35.99		3:08.99	
Event 241 Girls 9-10 50 Back	3:00.00		3:00.00	
Event 333 Girls 9-10 50 Breast	3:00.00		3:00.00	
Event 337 Girls 9-10 50 Fly	3:00.00		3:00.00	
Event 247 Girls 9-10 200 IM	3:59.99		3:28.99	
Event 251 Girls 9-10 200 Free Relay	5:00.00		6:00.00	
Event 341 Girls 9-10 200 Medley Relay	5:00.00		6:00.00	
Event 109 Girls 11-12 50 Free	3:00.00	29.39	2:00.00	25.48
Event 215 Girls 11-12 100 Free	1:23.99	1:03.99	1:13.99	55.30
Event 311 Girls 11-12 200 Free	2:58.99	2:17.29	2:38.99	1:58.83
Event 129 Girls 11-12 400 Free	6:13.99	4:45.99	6:55.99	5:16.16
Event 315 Girls 11-12 50 Back	3:00.00	34.59	3:00.00	29.93
Event 221 Girls 11-12 100 Back	1:38.99	1:12.49	1:24.99	1:02.38
Event 115 Girls 11-12 50 Breast	3:00.00	38.39	3:00.00	32.99
Event 211 Girls 11-12 100 Breast	1:45.99	1:22.79	1:33.99	1:10.53
Event 227 Girls 11-12 50 Fly	3:00.00	32.39	3:00.00	28.47
Event 121 Girls 11-12 100 Fly	1:34.99	1:10.19	1:23.99	1:01.21
Event 103 Girls 11-12 200 IM	3:22.99	2:36.99	2:55.99	2:14.84
Event 205 Girls 11-12 200 Free Relay	5:00.00	2:01.49	4:00.00	1:43.90
Event 305 Girls 11-12 200 Medley Relay	5:00.00	2:15.59	5:00.00	1:56.48
Event 111 Girls 13-14 50 Free	3:00.00	29.39	2:00.00	25.48
Event 217 Girls 13-14 100 Free	1:19.99	1:03.99	1:09.99	55.30
Event 309 Girls 13-14 200 Free	2:51.99	2:17.29	2:30.99	1:58.83
Event 131 Girls 13-14 400 Free	5:49.09	4:45.99	6:30.98	5:16.16
Event 317 Girls 13-14 50 Back	3:00.00	34.59	3:00.00	29.93
Event 223 Girls 13-14 100 Back	1:27.99	1:12.49	1:15.99	1:02.38
Event 117 Girls 13-14 50 Breast	3:00.00	38.39	3:00.00	32.99
Event 209 Girls 13-14 100 Breast	1:39.99	1:22.79	1:29.99	1:10.53
Event 229 Girls 13-14 50 Fly	3:00.00	32.39	3:00.00	28.47
Event 123 Girls 13-14 100 Fly	1:26.99	1:10.19	1:16.99	1:01.21
Event 105 Girls 13-14 200 IM	3:13.99	2:36.99	2:48.99	2:14.84
Event 203 Girls 13-14 200 Free Relay	5:00.00	2:01.49	4:00.00	1:43.90
Event 303 Girls 13-14 200 Medley Relay	5:00.00	2:15.59	5:00.00	1:56.48

2008 Southwest Ohio YMCA Long Course Champs, Sanction #: CAQ-07-08-1137**July 11-13, 2008****Time Standards Report**

Event	AA LCM	NAT LCM	AA Y	Nat Y
Event 235 Girls Senior 800 Free	11:49.99	9:46.89	13:15.99	10:46.43
Event 325 Girls Senior 1500 Free	20:51.79	18:44.99	20:20.99	18:05.49
Event 127 Girls Senior 200 Back	2:58.69	2:37.89	2:33.99	2:14.64
Event 321 Girls Senior 200 Breast	3:19.79	2:59.99	2:55.99	2:32.99
Event 213 Girls Senior 200 Fly	3:05.99	2:39.19	2:43.99	2:16.68
Event 343 Girls Senior 400 Fly				
Event 313 Girls Senior 400 IM	6:10.69	5:26.99	5:24.99	4:45.99
Event 323 Girls Senior 200 Free Relay	5:00.00	2:01.49	5:00.00	1:43.90
Event 101 Girls Senior 800 Free Relay	14:00.00	9:18.99	12:00.00	8:05.63
Event 233 Girls Senior 400 Medley Relay	6:00.00	4:56.99	7:00.00	4:13.27
Event 113 Girls 15&O 50 Free	3:00.00	29.39	2:00.00	25.48
Event 219 Girls 15&O 100 Free	1:10.99	1:03.99	1:02.99	55.30
Event 307 Girls 15&O 200 Free	2:27.19	2:17.29	2:12.99	1:58.83
Event 133 Girls 15&O 400 Free	5:30.09	4:45.99	6:09.70	5:16.16
Event 319 Girls 15&O 50 Back	3:00.00	34.59	3:00.00	29.93
Event 225 Girls 15&O 100 Back	1:23.69	1:12.49	1:11.99	1:02.38
Event 119 Girls 15&O 50 Breast	3:00.00	38.39	3:00.00	32.99
Event 207 Girls 15&O 100 Breast	1:38.99	1:22.79	1:24.99	1:10.53
Event 231 Girls 15&O 50 Fly	3:00.00	32.39	3:00.00	28.47
Event 125 Girls 15&O 100 Fly	1:20.99	1:10.19	1:11.28	1:01.21
Event 107 Girls 15&O 200 IM	2:55.69	2:36.99	2:32.99	2:14.84
Event 201 Girls 15&O 400 Free Relay	8:00.00	4:22.29	6:00.00	3:45.86
Event 301 Girls 15&O 200 Medley Relay	5:00.00	2:15.59	5:00.00	1:56.48
Event 328 Boys 8&U 50 Free	3:00.00		3:00.00	
Event 244 Boys 8&U 100 Free	1:44.99		1:36.99	
Event 240 Boys 8&U 50 Back	3:00.00		3:00.00	
Event 332 Boys 8&U 50 Breast	3:00.00		3:00.00	
Event 336 Boys 8&U 50 Fly	3:00.00		3:00.00	
Event 250 Boys 8&U 200 Free Relay	5:00.00		6:00.00	
Event 340 Boys 8&U 200 Medley Relay	5:00.00		6:00.00	
Event 246 Boys 9-10 50 Free	3:00.00		3:00.00	
Event 238 Boys 9-10 100 Free	5:00.00		5:00.00	
Event 330 Boys 9-10 200 Free	3:30.99		3:02.99	
Event 242 Boys 9-10 50 Back	3:00.00		3:00.00	
Event 334 Boys 9-10 50 Breast	3:00.00		3:00.00	
Event 338 Boys 9-10 50 Fly	3:00.00		3:00.00	
Event 248 Boys 9-10 200 IM	3:59.99		3:28.99	
Event 252 Boys 9-10 200 Free Relay	5:00.00		6:00.00	
Event 342 Boys 9-10 200 Medley Relay	5:00.00		6:00.00	

2008 Southwest Ohio YMCA Long Course Champs, Sanction #: CAQ-07-08-1137**July 11-13, 2008****Time Standards Report**

Event	AA LCM	NAT LCM	AA Y	Nat Y
Event 110 Boys 11-12 50 Free	3:00.00	26.99	2:00.00	22.89
Event 216 Boys 11-12 100 Free	1:20.99	58.79	1:09.99	49.84
Event 312 Boys 11-12 200 Free	2:54.99	2:08.99	2:31.99	1:49.21
Event 130 Boys 11-12 400 Free	6:10.99	4:32.49	6:49.99	4:53.89
Event 316 Boys 11-12 50 Back	3:00.00	32.39	3:00.00	27.58
Event 222 Boys 11-12 100 Back	1:35.99	1:06.99	1:20.99	56.82
Event 116 Boys 11-12 50 Breast	3:00.00	36.29	3:00.00	30.66
Event 212 Boys 11-12 100 Breast	1:45.99	1:16.29	1:31.99	1:03.92
Event 228 Boys 11-12 50 Fly	3:00.00	29.89	3:00.00	25.94
Event 122 Boys 11-12 100 Fly	1:34.99	1:04.19	1:22.99	55.19
Event 104 Boys 11-12 200 IM	3:21.99	2:26.19	2:53.99	2:03.41
Event 206 Boys 11-12 200 Free Relay	5:00.00	1:49.99	4:00.00	1:32.76
Event 306 Boys 11-12 200 Medley Relay	5:00.00	2:04.79	5:00.00	1:44.91
Event 112 Boys 13-14 50 Free	3:00.00	26.99	2:00.00	22.89
Event 218 Boys 13-14 100 Free	1:14.99	58.79	1:04.99	49.84
Event 310 Boys 13-14 200 Free	2:43.99	2:08.99	2:21.99	1:49.21
Event 132 Boys 13-14 400 Free	5:29.99	4:32.49	6:04.63	4:53.89
Event 318 Boys 13-14 50 Back	3:00.00	32.39	3:00.00	27.58
Event 224 Boys 13-14 100 Back	1:24.99	1:06.99	1:10.99	56.82
Event 118 Boys 13-14 50 Breast	3:00.00	36.29	3:00.00	30.66
Event 210 Boys 13-14 100 Breast	1:36.99	1:16.29	1:25.99	1:03.92
Event 230 Boys 13-14 50 Fly	3:00.00	29.89	3:00.00	25.94
Event 124 Boys 13-14 100 Fly	1:22.99	1:04.19	1:12.99	55.19
Event 106 Boys 13-14 200 IM	3:02.99	2:26.19	2:36.99	2:03.41
Event 204 Boys 13-14 200 Free Relay	5:00.00	1:49.99	4:00.00	1:32.76
Event 304 Boys 13-14 200 Medley Relay	5:00.00	2:04.79	5:00.00	1:44.91
Event 236 Boys Senior 800 Free	11:09.99	9:12.99	12:20.99	10:09.01
Event 326 Boys Senior 1500 Free	19:25.99	17:52.99	18:45.99	17:01.25
Event 128 Boys Senior 200 Back	2:48.09	2:26.99	2:23.99	2:03.69
Event 322 Boys Senior 200 Breast	3:09.99	2:49.99	2:43.99	2:20.61
Event 214 Boys Senior 200 Fly	2:50.99	2:28.99	2:28.99	2:05.43
Event 344 Boys Senior 400 Fly				
Event 314 Boys Senior 400 IM	5:49.99	5:09.39	5:02.99	4:24.65
Event 324 Boys Senior 200 Free Relay	5:00.00	1:49.99	5:00.00	1:32.76
Event 102 Boys Senior 800 Free Relay	14:00.00	8:49.99	12:00.00	7:28.11
Event 234 Boys Senior 400 Medley Relay	6:00.00	4:29.99	7:00.00	3:47.89
Event 114 Boys 15&O 50 Free	3:00.00	26.99	2:00.00	22.89
Event 220 Boys 15&O 100 Free	1:09.39	58.79	1:00.99	49.84
Event 308 Boys 15&O 200 Free	2:17.89	2:08.99	2:01.99	1:49.21
Event 134 Boys 15&O 400 Free	4:59.59	4:32.49	5:31.04	4:53.89
Event 320 Boys 15&O 50 Back	3:00.00	32.39	3:00.00	27.58
Event 226 Boys 15&O 100 Back	1:17.49	1:06.99	1:06.99	56.82
Event 120 Boys 15&O 50 Breast	3:00.00	36.29	3:00.00	30.66
Event 208 Boys 15&O 100 Breast	1:29.99	1:16.29	1:17.99	1:03.92
Event 232 Boys 15&O 50 Fly	3:00.00	29.89	3:00.00	25.94
Event 126 Boys 15&O 100 Fly	1:17.19	1:04.19	1:08.31	55.19
Event 108 Boys 15&O 200 IM	2:45.99	2:26.19	2:23.58	2:03.41
Event 202 Boys 15&O 400 Free Relay	8:00.00	3:58.99	6:00.00	3:22.57
Event 302 Boys 15&O 200 Medley Relay	5:00.00	2:04.79	5:00.00	1:44.91