

KEY SWIMMING

2006-07 National Qualifying Bible

LC MIN QUALIFY	TOP 8 QUALIFY	TOP 16 QUALIFY	SCY MIN QUALIFY		SCY MIN QUALIFY	TOP 16 QUALIFY	TOP 8 QUALIFY	LC MIN QUALIFY
:28.73	:24.19	:24.47	:25.29	50 Free	:22.59	:21.65	:21.31	:25.96
01:02.3	:52.23	:52.93	:54.79	100 Free	:49.19	:47.25	:46.72	:56.54
02:12.8	1:52.86	1:53.60	01:57.5	200 Free	01:47.4	1:43.56	1:43.12	02:02.7
04:41.1	4:57.55	5:02.13	05:14.8	400/500Free	04:50.3	4:42.79	4:37.29	04:22.7
09:31.9	10:07.62	10:20.34	10:41.0	800/1000Free	10:08.0	9:47.43	9:41.37	09:04.8
18:19.0	16:59.02	17:13.60	17:57.0	1500/1650Free	16:53.0	16:32.35	16:13.37	17:19.0
01:09.5	:57.91	:58.67	01:01.5	100 Back	:56.09	:53.03	:52.48	01:04.5
02:29.3	2:04.13	2:06.01	02:12.1	200 Back	02:01.6	1:55.01	1:53.07	02:19.8
01:20.2	1:05.70	1:06.46	01:09.8	100 Breast	01:02.9	1:00.30	:59.45	01:12.7
02:50.8	2:22.98	2:24.52	02:30.3	200 Breast	02:17.4	2:11.74	2:09.09	02:38.8
01:08.1	:57.36	:58.31	01:00.6	100 Fly	:54.39	:52.20	:51.70	01:01.5
02:30.8	2:05.30	2:07.89	02:14.2	200 Fly	02:03.4	1:56.69	1:54.15	02:20.2
02:31.4	2:06.77	2:08.49	02:13.2	200 IM	02:01.9	1:57.52	1:55.85	02:20.9
05:21.2	4:30.46	4:32.60	04:44.3	400 IM	04:24.4	4:11.35	4:05.94	05:03.9
01:56.6	1:38.53	1:39.25	01:42.6	200 Fr Rel	01:31.3	1:27.94	1:27.19	01:44.9
04:13.9	3:34.18	3:36.46	03:43.4	400 Fr Rel	03:20.5	3:13.38	3:10.77	03:50.4
09:08.5	7:41.80	7:49.67	08:05.4	800 Fr Rel	07:24.3	7:05.79	6:58.85	08:27.8
02:11.3	1:48.73	1:50.26	01:55.7	200 Med Rel	01:43.1	1:38.36	1:37.60	01:58.1
04:44.0	3:57.20	3:59.65	04:10.2	400 Med Rel	03:45.2	3:35.38	3:33.26	04:17.9